

ERGOMETER

HOMETRAINER



DESCRIPTION	ERGOMETER 3191 VARON XTR	ERGOMETER 3190 VARON STRESSLESS	ERGOMETER 3157 OCTON	ERGOMETER 3156 EXUM II	ERGOMETER 3166 ROTON STRESSLESS	HOMETRAINER 3105 FOLD-X	HOMETRAINER 3106 CORUM II
Performance in watt	25-400 watt	25-400 watt	25-400 watt	25-400 watt	25-400 watt	-	-
Distance/Time/Speed/RPM/Calorie consumption	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Integrated pulse receiver for chest belt	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hand/ear pulse	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	<input type="checkbox"/> /-	-/ <input type="checkbox"/>
Lower/Upper pulse limit adjustable	<input type="checkbox"/> / <input type="checkbox"/>	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	-	-/ <input type="checkbox"/>
Pulse percentage for upper limit	<input type="checkbox"/>	-	<input type="checkbox"/>	-	-	-	-
Quick START	<input type="checkbox"/>	-	-	-	-	-	-
Quick HRC	<input type="checkbox"/>	-	-	-	-	-	-
Average training value after exercising	<input type="checkbox"/>	-	-	-	-	-	-
Recovery pulse measurement	<input type="checkbox"/>	-	<input type="checkbox"/>	-	-	-	<input type="checkbox"/>
Training value settings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Training profiles	12	-	-	-	-	-	-
LCD-Display	Blue Backlight	Blue Backlight	Blue Backlight	Blue Backlight	Blue Backlight	Standard	Standard
Permanent Display	8	5	8	8	5	4	1+5
Heart Rate Controlled programmes	4	1	4	4	1	-	-
Resistance control	computer controlled	computer controlled	computer controlled	computer controlled	computer controlled	computer controlled	manual
User	4+1	1	4+1	4+1	1	1	1
Newspaper holder/ DRINK FIT	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	-/ <input type="checkbox"/>	<input type="checkbox"/> / <input type="checkbox"/>	-/-	-/-
Adjustable handlebar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-	<input type="checkbox"/>	<input type="checkbox"/>
Integrated transportation rollers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Seat	Standard	Standard	Standard	Standard	2 part seat	Standard	Standard
Backrest position adjustable	-	-	-	-	Stepless	-	-
Seat position horizontally adjustable	4x	4x	4x	4x	Stepless	Stepless	Stepless
Safety free-wheel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Low entry access	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-	<input type="checkbox"/>	-	-
Height adjustment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Precision ball bearings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Braking system	Induction	Induction	Induction	Induction	Induction	Permanent magnet	Permanent magnet
Drive chain system	Belt driven	Belt driven	Belt driven	Belt driven	Belt driven	Belt driven	Belt driven
Gear transmission ratio	1:8	1:8	1:8	1:8	1:8	1:8	1:8
Flywheel mass	ca. 10 kg	ca. 10 kg	ca. 8 kg	ca. 8 kg	ca. 10 kg	ca. 6 kg	ca. 6 kg
Load control	RPM independent	RPM independent	RPM independent	RPM independent	RPM independent	RPM dependent	RPM dependent
Load spectrum	40 intervals	40 intervals	40 intervals	40 intervals	40 intervals	16 intervals	10 intervals
Power supply	230 V, 50 Hz	230 V, 50 Hz	230 V, 50 Hz	230 V, 50 Hz	30 V, 50 Hz	30 V, 50 Hz	Battery
Class HA*	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	-
Max. body weight	150 kg	150 kg	130 kg	130 kg	150 kg	130kg	130 kg
Dimensions (L x W x H) cm	110 x 55 x 129	110 x 55 x 129	104 x 54 x 131	115 x 51 x 120	175 x 70 x 114	132 x 63,5 x 98	115 x 51 x 120
Folded Dimensions (L x W x H) cm	-	-	-	-	-	57 x 63,5 x 154	-
Colour	white/silver	white/silver	anthracite/silver	anthracite/silver	anthracite/silver	black/white	anthracite/silver

* entsprechend DIN EN 957 – 1/5